

# Path to Purpose & Peace

## ~ Worksheet ~

### 1. Who I think I am . . .

Look at your life. List as many traits that you can think of that you have shown repeatedly in your past. Note these in the “*This is me*” column below. Think of some traits that you think might be you but are not often observable - jot in the “*Maybe me?*” column. List a few traits that are definitely not you.

<i>This is me</i>	<i>Maybe me?</i>	<i>Definitely not me</i>
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.

### 2. Who knowledgeable others think I am . . .

- Without revealing your table above, ask 2 to 3 friends, from your inner circle, to name three skills/attributes that describe you very well; and one skill/attribute that is definitely not you.
- How do these friends’ reviews compare?
- How does this external opinion fit with your assessment above?
- Show your friend your answers from the table above. Do they agree with your outline? Discuss the reasons for the different opinions (e.g. Is there a bias? Who holds the bias? Why?)

Name:	Name:	Name:
<i>Definitely me</i>	<i>Definitely me</i>	<i>Definitely me</i>
1.	1.	1.
2.	2.	2.
3.	3.	3.
<i>Definitely not me</i>	<i>Definitely not me</i>	<i>Definitely not me</i>
1.	1.	1.

### 3. My childhood reveals . . .

Think of a person who you trust who remembers you as a child (older sibling, parent, grandparent, teacher, Aunt, a longtime friend).

- a. Ask them to tell you one or two stories that they recall from your childhood.
- b. Ask them what characteristics or personality did they see in you back then.
- c. Is any of that similar to what they see today? If it is different, have a deeper discussion about whether the changes are natural maturing into the real you, or a drifting away from the real you e.g. was the younger child shy and the real you didn't blossom until later? Or was the younger child the real you, and life has worn it down?
- d. How does this fit with Q1 & Q2? Ask this person if they recall any of the Q1 & Q2 attributes in the child you.

**4. My memory reveals . . .**

- a. What are some of your fondest memories from your childhood and young adult life?
- b. What are some of the fiercest frustrations you can recall?
- c. What character traits do you see in yourself from back then?

**5. Who God says I am . . .**

God explains many things about us, some good and some not so good.

The good in me	The bad in me
Fearfully & wonderfully made (Proverbs 139:14)	Heart is deceitful (Jeremiah 17:9)
Worth more than rubies (Proverbs 31:10)	All fall short (Romans 3:23)
Prosperous and purposeful (Jeremiah 29:11)	Sinful (Romans 3:23)

The bad in us isn't to get hung up about. It is to be acknowledged and managed.  
 The good in us isn't to get haughty about. It is to be acknowledged and leveraged.

Write out Jeremiah 29:11

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Write out Jeremiah 1:5a

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**6. Spiritual gifts that I have . . .**

The bible lists several spiritual gifts (Romans 12:6-8; 1 Cor 12:8-10) – attributes that we can receive and operate in, only with the help of the Holy Spirit. List your spiritual gifts here. If you don't know what they are, complete the free online tool [www.spiritualgiftstest.com](http://www.spiritualgiftstest.com) (Note: while the test focusses on skills for use in the church, the skills are equally well applied outside the church).

My Spiritual Gifts
1.
2.
3.

**7. Pray . . .**

- a. For revelation, confirmation & peace.
- b. Take time. After you have compiled all the inputs to the self-assessment, take a day or two to pray over it and let it settle in you. Ask God to reveal His truth as you process each attribute that has been revealed.
- c. After carefully praying, use a red marker to circle the attributes that repeatedly show in the tables, or that God keeps bringing to your mind. Ask God to reveal how all of this fits into His perfect plan for you.
- d. Ask God to open doors, places, people, events to allow you to walk in your strengths. Prepare to see what God does in directing you over the next few weeks.
- e. Journal anything that is unusual in your day-to-day life over the next 2 weeks. What is God trying to confirm or remove from your character?

**8. Claim your purpose**

- a. Think of one goal for your life. For example, where you'd like to be in 5 or 10 years/something you'd like to accomplish. Be bold enough to write that here. **My life goal:**

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- b. Put 2 interim stakes in the ground that get you closer to that goal. One short-term: e.g. In 6-18 months it would be great to . . .

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- c. One longer-term e.g. In 2 to 4 years it would be fantastic if . . .

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**9. Protect your purpose**

- d. Make a resolution to revisit your purpose, your progress, your skills and character every 6 months or so. On vacation, bring a journal to assess the past, and project the next few months. Evaluate why your plans may not have been fruitful, and make honest, effortful changes when you find yourself drifting off purpose.
- e. Find a good friend to keep you accountable.
- f. Put Moses' 6-point framework for joyful prosperity into action to help navigate your way to you goals & purpose. <https://www.truth-first-ministry.com/post/when-hard-work-doesn-t-pay-off>